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## ANGEL PRAYERS

You are listening to FMSTEREO and NETRADIOsa. I am Marti Smida your talk host on THE WINGS OF AN ANGEL. And we will be communicating to our angels for the next hour.

Join me on this journey and lets speak to our angels

SMS line is open on 33903: R1-50 per sms [free sms don't apply] start your sms with FMS then ANGELS, your question followed with your name and email address

Have you ever stopped and wonder who your angels are and can they hear you messages from your angels. Sms me on our sms line and ask your question and lets hear what the angels have to say.

Ive been communicating with my angels for the past 20 years would you like to experience it too?



### **How to Ask Angels For Help...**

Asking your angels for help really is simple, but many people over think it, feel like they're doing it wrong, or worry that

they're missing an important component. Here is a simple guide that offers 4 Ways in which you can Ask For Help from Your Angels.

### [Mentally Ask For Help.](#)

You don't need a formal invocation or prayer to invoke angelic assistance in your life. Angels are able to hear your mental plea, and so if you are sincere in your request they will hear you and get the message to step in and help. There is not a one size fits all way to do this... So I would encourage asking for help from your angels in a way you're comfortable with.

You can ask God to send angels to help heal your current challenge or situation, or you can directly talk to your angels and ask them to assist you in your life. Some people worry that by calling on angels directly they're letting down God or turning their back on their connection with the Divine in some way. If you feel this way, ask God to send angels to help you, but also know that angels serve according to God's will and God wills the angels to support you... So whether you ask God to send them, or call upon the angels directly you're in full alignment with Divine Will.

### [Ask For Help Out Loud](#)

Just as you would ask your angels for help mentally, you can verbally phrase the request. Sometimes this method can be helpful if you're getting pulled into a downward spiral of negative thought, or if you're wondering if your angels are really hearing your request for help.

If you do choose to ask your angels for help aloud, I recommend finding a quiet peaceful place in nature, or in your home where you won't be disturbed and verbally let your

angels know what you would like their guidance and assistance with.

### Write Your Angels a Letter

This method of asking your angels for help works well when there is something weighing on your heart... Get it out and onto paper.

Feel free to be completely honest with the angels regarding how you're feeling, and the hurt, anger, anxiety, or confusion you may be experiencing. Don't worry about being negative here... Sometimes the best way to let go of negativity is to get it out. Once you've written about your challenges and problems, write... "Angels please help me to resolve this." Or "Thank you angels for helping me through every aspect of this situation."

### Visualize Angels With You

When you imagine you have angels all around you, you are tuning into a powerful way to call them into your presence.

For example, if you're nervous about an interview you have... Ask the angels to help in one of the above ways, and then also imagine angels all around you as you head to the interview, and present with you in the room when you're there.

If you're feeling sick... Visualize angels all around you flowing Divine love and healing energy into your presence.

If you're worried about a family member, imagine them in a happy, positive state with angels all around them helping to create blessings in their life.

However you imagine or visualize your angels is perfect. The reality is angels are spiritual beings and can take many forms depending on how we perceive them. So go with what works for you whether that is glowing orbs of angelic light, or beautiful beings with halos and wings... When you visualize angels around you, you're effectively calling them into your presence.



## Angelic Help and Feeling

The final way I want to cover on how to ask angels for help is to simply feel.

This method can take two main forms.

The first way is when you're feeling challenged, angry, upset, etc... Allow yourself to fully feel the challenging emotion, and then ask, or simply imagine the angels taking the dense emotions and feelings from you and releasing them into the light. Then imagine they are being replaced with high vibrational angelic energy of Divine love, light and compassion. Witness and feel the shift. This is a powerful way to work with your angels.

Next is feeling what you would like your angels to help you create. Say you would like your angels help manifesting a new job. Tune into the essence of what you want out of a new job, and tune into the feeling it would create in you. Act as if and feel good about the new job you're creating, as if you already have it. When you're fully in the vibration and feeling of having what you want to create... Think, say or just feel in your heart: "Angels, this is what I want to create... Thank you for helping me to fully align with it."

The important part is to remember that you have angels with you always, and they're ready and willing to help when you ask, and invite them to help out in your life experience.

Invite the Help of Angels Now!

Right now... Place your left hand over your heart chakra (right in the center of your chest) and place your right hand on top of your left.

Take a few moments to just breathe, relax your mind, and soften your focus... Consciously choosing to direct your attention within.

When you feel relaxed, present, and centered.... Think or say something along the lines of:

*"Dear angels,  
Thank you for your presence in my life. I now invite your direct help and assistance. Guide me to more fully align with my highest potential. Help me to let go of limiting beliefs, thoughts, filters and perceptions that block me from Divine love, and keep me in a lower vibrational state, unaware of your presence.  
Help me to choose love in the moment, to be alert and aware, and to bring positive change, growth, and transformation into my life. I welcome your guidance and assistance, and ask for you to help me notice your presence as you guide me to a more fulfilling life in alignment with my authentic truth, and my highest soul purpose."*

Open your heart to invite the energy of the angels in... Then take a few minutes to just be, breathe, and know that you have angels with you.

You may want to close your eyes and just feel and experience and light of your angels, or you may want to write down your inner inspirations into a journal.

When you feel complete, thank you angels, and honour yourself for taking this time to align with angelic presence. Now moving forward, your angels can help out... But it's also

up to you to pay attention, follow your intuition, and keep asking for the angels to help you uncover your next steps to aligning with the fullest expression of your potential as a soul in this physical life.



Remember...

Your angels want to help you and are already leaving you signs, nudging you in the right direction, and helping out behind the scenes...

But for them to really help you open to the full high vibrational light of your soul, and the full amazingness you are here in life to experience, you have to invite them to help.

The good news is inviting angelic help is so easy...

Go with the way that feels right for you, but do be sure you ask!



## GUARDIAN ANGELS AND PROTECTORS

Did you know that from infancy to death we are surrounded by the angels of God who are deeply concerned about our well-being? These spiritual beings serve as our guardians and protectors who provide watchful care and reflect His Glory. United with God, they stand beside us on our faith walk, supporting us in good times but also in times of need. While

we as believers should not worship these angels, we can pray to them, not as a form of worship but as a request for support – just as we request something of our Heavenly Father, we can also request something of the Angels of God, asking them to offer prayers of petition to God on our behalf. Here are six powerful prayers to the angels of God.

Do you need some specialized heavenly assistance? Your own guardian angels are always with you, but don't forget that you can call additional celestial helpers to your side when you need them. To do so, you may either mentally or verbally ask God to send them to you, directly ask them to come to you, or visualize more of them with you. Any method works, as long as you ask. Don't worry that you're bothering the angels with your requests. There are countless angels, and they're unlimited beings who are glad to help bring you peace. Like people, angels have specialties. You can ask for the ones best qualified to help with a particular situation, or call upon the specialty angels

## Prayer

Dear Angel, ever at my side, how lovely you must be,  
to leave your home in heaven to guard a child like me.  
When I'm far away from home or may be hard at play,  
I know you will protect me from harm along the way.  
Your beautiful and shining face, I see not, though you are  
near;  
the sweetness of your lovely voice, I cannot really hear.  
When I pray, your praying too, your prayer is just for me.  
But when I sleep, you never do, you're watching over me.  
Amen.



Guardian Angel, guard me from harm.  
Protect me in sleep without cause for alarm.  
Keep safe through the darkness of light,  
and wake me gently with God's morning light

AMEN



Dear Guardian Angel,  
enlighten me in my doubts,  
assist me in my difficulties,

defend me against the assaults of the devil,  
and be my guide on the way of perfection,  
making me more and more acceptable in the eyes of God.  
Amen.

### **For Direction**

Angel of God from heaven, God has sent you to take care of me. I ask that you shelter me under your wings. Lighten my path, direct my steps. Do not leave me, stay quite near me and defend me against the spirit of evil. But above all come to my help in the last struggle of my life. Deliver my soul so that I can praise, love and contemplate the goodness of God forever and ever. Amen.



## **Protect My Family**

Angel of God, thank you for all the good you have done for me while here on earth. I ask that you be a faithful and watchful protector of my children. When I'm away from my family, take my place, and guide them in a way that is pleasing to our heavenly Father. Lighten, Guide my children, that they may live in the glory of God, imitate Him faithfully, and persevere till they attain eternal life. Amen

## **Thank you Father, Thank you Angel**

Heavenly Father, Your infinite love for us has chosen a blessed angel in heaven and appointed him our guide during our time on earth. Accept my thanks for so great a blessing. Grant that I may experience the assistance of my protector in all our necessities. And you, holy, loving angel and guide, watch over me with all the tenderness of your angelic heart. Keep me always on the way that leads to heaven, and cease not to pray for me until I have attained my final destiny, eternal salvation. Amen

## **Assist Me in My Temptations**

Angel of God, appointed by Our Heavenly Father to be my guide and protector, and who is always at my side, what thanks can I offer you for your faithfulness and love? You watch over me, console me when I'm sad and lift me up when I fall. I ask that you offer to God my prayers for direction and clarity, defend me in danger and to assist me in my temptations. Amen



## Watch Over Loved Ones

Guardian Angel, watch over those whose names you can read in my heart. Guard over them with every care and make their way easy and their labours fruitful. Dry their tears if they weep; sanctify their joys; raise their courage if they weaken; restore their hope if they lose heart, their health if they be ill and repentance if they fail. Amen

## Prayer for healing from guilt, shame or regret

Heavenly Father,

I praise you and thank you for your wonders of creation, and for the magnificence of your love and mercy. I come before you today in the name of your son, Jesus of Nazareth, to ask for your forgiveness for (describe whatever is weighing you down). Please forgive me! I pray that your Holy Spirit will show me why I engaged in these actions, and show me to a better way for today and my future. Thank you for your forgiveness and love. Thank you for your mercy and grace. Thank you for saving me for eternal life with my Lord and Saviour, Jesus Christ. Amen.



### **PRAYER TO HEAL FAMILY RELATIONSHIPS:**

Dear Creator, I know that my family member and I both have guardian angels. I ask that these guardian angels help us heal our issues and misunderstandings. Please help us release any anger or unforgiveness. I ask that all effects of our mistakes be lifted and forgotten by everyone involved. Please help me release any judgment I may be carrying towards myself or others. I ask that our guardian angels clearly give us Your direction, knowing that Your will for us is peace. Thank You.

### **PRAYER FOR A FAMILY MEMBER:**

Dearest Creator, please help my family member feel peace and happiness at this time. I ask that You send my family member extra angels to comfort him/her. Please surround our entire family with an extra cushion of Your Divine Love. Help us to relax and to have faith and trust. Please give us a sign of Your love so that we may release our fears. Thank You for all of Your healing love.

### **PRAYER FOR A FRIENDSHIP THAT IS ENDING:**

Beloved Creator, I know, deep down that my friendship with (\_\_\_\_\_) is ending. I ask Your help to accept this transition with grace and peace. I ask that You and the angels help me be honest in a loving way, with myself, and with my friend. Please help me be true to myself so that my actions stem from love instead of from fear, guilt, or obligation. Please comfort

my friend so that we can both accept this change in a positive way.



#### **PRAYER TO ATTRACT NEW FRIENDS:**

Dearest Creator, I now see myself surrounded by loving friends with whom I share much in common. I can feel the presence of new friendships with like-minded souls, and I ask Your help in manifesting this vision. Please guide me to meet new people who are positive, spiritually minded, health conscious, and fun. Please help me to know that I deserve the love and attention of these new friends. Thank You so much.

#### **PRAYER FOR INCREASED ENERGY:**

Archangel Michael, I ask you and your helpers to come to me now. Please cut away and release anything that is draining me. Help me to life my energy to its natural state of vitality now. Thank you.

### PRAYER TO LIVE A MORE HEALTHY LIFESTYLE:

Dear Angels, please surround me with your healing energy, and help me to heal my cravings for unhealthy foods and drinks. Please remove my desire for toxic substances, and help me to have the motivation to live and eat healthfully. Please guide me while shopping, preparing and eating food, and give me guidance about how to live without polluting myself or my world. With great love and gratitude, I thank you.

### PRAYER TO UNDO THE EFFECTS OF THE PAST:

Dearest Angels, I have made mistakes in how I have treated my body, and I ask that all effects of these mistakes be undone and forgotten in all directions of time by everyone involved.

### PRAYER FOR HEALTH AND HEALING:

Dear Creator, I know that You created me in the perfect image and likeness of Yourself. I ask that You, and the archangel Raphael help me know and experience this health in my physical body. I am willing to release all thoughts and behaviors that create the illusion of illness and pain. I know that You are omnipresent, so therefore, You exist in every cell of my body. Please help me feel Your love in my physical body so that I can know that You cradle me in Your arms right now. Thank you.

### PRAYER FOR A LOVED ONE'S HEALTH:

Beloved Creator, Thank You for sending the Archangel Raphael and the healing angels to my loved one's bedside. I now see that You, Raphael and the angels are embracing my loved one. I picture my loved one smiling and feeling well. I know that, in truth, my loved one is well right now, and I ask for Your continued help so that we may realize this peace and health in our daily experience.



### PRAYER FOR SLEEP ISSUES:

To My Creator, please help me to have a restful and sound sleep tonight. I ask for a guardian angel to be posted on the north, south, east and west sides of my home during the

night. I visualise my home surrounded by the Divine white light of Your protective love. I am willing to release all my cares and worries to You and the angels so that the pockets of my soul are emptied for the night. Please send some comforting angels to my side so that I may enjoy a wonderful night's sleep.

#### **PRAYER FOR HEALING AN ADDICTION:**

Beloved Creator and the Angels, I know that addictive cravings are actually a craving for Divine Love. Please help me feel that I am filled with Your ever-present love. I am willing to release any fears that would block me from the awareness of Your love. I ask You to clear away from me the beliefs, patterns, feelings, and thoughts that trigger my cravings. Please guide me to people, situations and experiences that support my desire to live free of addictions. I surrender all my cravings to You, and ask for extra angels to surround me with the light of health and peace. Please help me now and always. Thank You.

#### **PRAYER FOR HEALING JOB CONFLICT:**

Dear Creator, my deepest desire is to be happy while I work, and I ask Your help so that I may find peace on the job. Please help me to be understood and understanding with every-one with whom I come into contact. Please clear me of any fears that trigger relationship conflicts in the workplace. I ask that You and the angels guide me to job responsibilities and tasks that match my interests and skills. I now visualize myself feeling happy when I wake up to go to work in the morning, and I ask Your assistance to manifest this vision. Thank You.

#### **PRAYER FOR FINDING YOUR LIFE'S PURPOSE:**

To Every-one Who Watches Over Me, I seem to have forgotten my Divine life purpose, and I ask your help so that I may remember the reason I chose to come here at this time. I am willing to release all fears that keep me from remembering my

life's purpose, including the fear of success and failure. I know that I am qualified to fulfill my mission, and I ask for your continued guidance in helping me to know which path makes my heart sing. Please help me to know the difference between joy and fear so that I may immerse myself in meaningful actions that serve others and bring me joy. Thank you so much.



### PRAYER FOR A NEW JOB:

Beloved Creator, You have guided me to find a new job, and I ask Your help in noticing the doors that You are opening for me now. I ask for very clear and evident signs to guide me to a new job in which my talents and interests are used in meaningful ways. Please help me to know that I deserve a wonderful new job, and allay any nervousness during the interview process. I ask for extra angels to boost my confidence and courage, and to keep me centered in the sure knowledge that You are providing for me now. Thank You.

### PRAYER FOR HEALING STRESS:

Dear Creator, Archangel Raphael and Archangel Michael, it seems that stress is taking a toll on me, and I need your help. Please release me from the pressures that I have imposed upon myself. Raphael, I ask that you cover me with your healing energy so that my body will shed the effects of stress. Michael, I ask that you cut away the effects of negative and fearful thoughts, including cords that are draining me. I am willing to release any habits of self-punishment, time urgency, or other belief systems that create stressful situations. I know that I have sufficient time and energy, in truth, and I ask that you help me experience this sufficiency right now. Thank you.

### PRAYER FOR INCREASED BUSINESS OPPORTUNITY:

Dear Creator, Ascended Masters and the Angels, I ask that every-one who would receive blessings from my business products and services be guided to contact me today. I welcome new people and opportunities into my life with open arms. I am willing to release any negative thoughts, patterns, or beliefs that would lead me to sabotage new opportunities. Please help me to know that I deserve good now. Thank you.

## PRAYER FOR FINANCIAL PEACE:

Dearest Creator, I know that You are the source of all my good and that You provide for me in all ways. Please help me release the fears that block me from receiving Your gifts. Please help me feel the emotions of peace, gratitude, and financial security and to know that I am Your child upon whom You bestow great blessings. I now stay open to Divine guidance, which perfectly leads me to situations, people and opportunities that are part of Your plan for my financial peace. I now see and feel myself and every-one else as completely financially secure, and my heart overflows with gratitude and joy at the abundant universe that You created. Thank You.

## SEVERING PAST LIFE VOWS:

I hereby sever all vows of poverty I may have made in any lifetime, and I ask that all effects of those vows be undone in all directions of time.

I hereby sever all vows of suffering I may have made in any lifetime, and I ask that all effects of those vows be undone in all directions of time.



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